



September 2025 Breakfast Menu

BRIDGE PREP
ACADEMY
CHARTER SCHOOL

DAILY ALTERNATE OPTIONS BREAKFAST GOOD TO GO BELOW

MONDAY



8
v Donut Rings
WG
Apple
Orange Juice
Milk

15
v Jump Start
Platter
Waffles,
Scramble Eggs &
Cheese
Apple
Orange Juice
Milk

22
Turkey
Sausage &
Cheese
Toaster
Apple
Orange Juice
Milk

29
v Jump Start
Platter
Flapjacks &
Scramble Eggs
Apple
Orange Juice
Milk

TUESDAY

2
Egg & Ham Bagel
Sandwich
Orange
Grape Juice
Milk

9
Turkey
Sausage
Biscuit
Orange
Grape Juice
Milk

16
v Homestyle
French Toast &
Cheesy Eggs
Orange
Grape Juice
Milk



30
Breakfast Pizza
Orange
Grape Juice
Milk

WEDNESDAY

3
v Blueberry
Muffin
Banana
Apple Juice
Milk

10
v Frosted
Cinnamon
Roll
Banana
Apple Juice
Milk

17
Chocolate
Chip
Muffin
Banana
Apple Juice
Milk

24
v Frosted
Cinnamon
Roll
Banana
Apple Juice
Milk

Milk Selections

1% Low Fat
or
Low Fat Chocolate

THURSDAY

4
v Egg & Turkey
Sausage Waffle
Sandwich
Apple
Orange Juice
Milk

11
Turkey Sausage
Egg & Cheese
Pancake Sandwich
Apple
Orange Juice
Milk

18
Egg & Turkey
Sausage Waffle
Sandwich
Apple
Orange Juice
Milk

25
Turkey Sausage
Egg & Cheese
Pancake
Sandwich
Apple
Orange Juice
Milk

FRIDAY

5
v Breakfast
Nachos
Orange
Grape Juice
Milk

12
v Bagel Bento
Box
Orange
Grape Juice
Milk

19
v Strawberry
Yogurt Parfait
Orange
Grape Juice
Milk

26
v Strawberry
Yogurt Parfait
Orange
Grape Juice
Milk

BeWell Healthy Choice v Vegetarian (Ovo-Lacto) L Local: Beef to School

This institution is an equal opportunity provider

MENU SUBJECT TO CHANGE

ELIOR NORTH AMERICA

For questions and comments, please email the Food Service Director Jorge Santiago at Jorge.santiago@elior-nacom or call 786-597-3444

September 2025

BRIDGE PREP CHARTER SCHOOL

LUNCH MENU


TO MAKE IT A MEAL, SELECT UP TO 2 FRUITS AND/OR VEGETABLES AND CHOICE OF MILK.

See any server for details and assistance. Milk varieties include 1% low fat and fat-free choices.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	2  Beef or Vegetarian Nacho Bar Black Beans Tortilla Chips Diced Peaches/Orange	3 Orange Chicken w/ 5 Spice Rice Steamed Broccoli Celery Sticks Watermelon/Banana	4 Rotini & Meat Sauce w/ Dinner Roll Seasoned Green Beans Baby Carrots Diced Peaches/Apple	5 Pepperoni Pizza Italian Corn Garden Salad Pineapple Tidbits/Orange
8  Breakfast for Lunch Tater Tots Sliced Cucumbers Diced Pears/Apple	9  Penne Pasta Alfredo w/ Dinner Roll Sliced Seasoned Carrots Broccoli Florets Diced Peaches/Apple	10 Teriyaki Meatballs w/ 5 Spice Rice Stir Fry Vegetables Broccoli Florets Watermelon/Banana	11  Chimichurri Chicken w/ Tortilla chip Black Beans Baby Carrots Diced Peaches/Apple	12  Cheesy Stuffed Breadsticks Herbed Tomatoes Garden Salad Pineapple Tidbits/Orange
15  Macaroni & Cheese w/ Dinner Roll Garden Side Salad Sliced Cucumber Diced Pears/Apple	16  Beef or Vegetarian Nacho Bar Pinto Beans Tortilla Chips Diced Peaches/Orange	17  Chicken Teriyaki Rice Bowl Garlic Broccoli Celery Sticks Mandarin Orange/Banana	18 Walking Taco Baked French Fries Baby Carrots Diced Peaches/Apple	19 Pepperoni Pizza Herbed Tomatoes Garden Salad Pineapple Tidbits /Orange
22  Breakfast for Lunch Tater Tots Sliced Cucumbers Diced Pears/Apple		24 Sweet & Sour Meatballs w/ 5 Spice Rice Stir Fry Vegetables Broccoli Florets Watermelon/Banana	25  Mojo Chicken w/ Cilantro Rice Really Ranch Pinto Beans Baby Carrots Diced Peaches/Apple	26  Cheesy Stuffed Breadsticks Baked French fries Herbed Tomatoes Pineapple Tidbits/Orange
29  Macaroni & Cheese w/ Dinner Roll Garden Side Salad Sliced Cucumber Diced Pears/Apple	30  Beef or Vegetarian Nacho Bar Black Beans Tortilla Chips Diced Peaches/Orange	  <p>Jamaican Jerk Chicken</p>	 <p>SPICEOLOGY</p> <p>K-12 by Elior experiments with flavor on the menu with the use of Spiceology Salt-Free blends.</p>	  <p>Mediterranean Sweet Potato</p>

Deli Sandwiches & Entre Salads

- M:** Turkey Cheese Deluxe Hoagie
-  **Tu:** Southwest Chicken Salad
- W:** Chicken Caesar Wrap
-  **Th:** Cobb Chicken Salad
- Fr:** Chicken Taco Salad

 BeWell Healthy Choice menu options
 Vegetarian, Ovo-Lacto ; May Contain Eggs and Milk
 * All menu items meet whole grain rich menu requirements

May be subject to amendment to reflect updated federal and state regulations.

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This institution is an equal opportunity provider. Please notify your manager if you have any special dietary needs. Please inform the server of any major food allergy you may have before placing an order. When necessary, we will make an appropriate recommendation or substitution.
ELIOR

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BRIDGE PREP CHARTER SCHOOL SNACK MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	2 Cheddar Cheese Goldfish WG Milk	3 Yogurt Strawberry Cracker Graham Cinnamon	4 WG Cracker Cheez it Mozzarella String Cheese	5 RF Nachos Cheese Doritos Apple Red Delicious
8 RF Cool Ranch Doritos Apple Red Delicious	9 Chex Mix Simply Strawberry Yogurt Milk	10 Yogurt Strawberry WG Animal Cracker	11 Harvest Cheddar Sun Chip Mozzarella String Cheese	12 WG Goldfish Cracker Apple Red Delicious
15 WG Frito Corn Chip Apple Red Delicious	16 Cheddar Cheese Goldfish WG Milk	17 Yogurt Strawberry Graham Cracker Cinnamon	18 WG Cracker Cheez it Mozzarella String Cheese	19 RF Nacho Cheese Doritos Apple Red Delicious
22 RF Cool Ranch Doritos Apple Red Delicious		24 Yogurt Strawberry WG Animal Cracker	25 Harvest Cheddar Sun Chip Mozzarella String Cheese	26 WG Goldfish Cracker Apple Red Delicious
29 WG Frito Corn Chip Apple Red Delicious	30 Cheddar Cheese Goldfish WG Milk			